

**If you plan to join an organization or play sports, please complete and return last page of this policy.**

# **Brunswick R-II**

## **Jr. High & High School Activities Handbook**

Updated May 2021

# TABLE OF CONTENTS

Activity/Athletic Commitment Pledge .....	21
Athletic Banquet .....	11
Attendance.....	9-10
Board Policy Regarding Interscholastic Activities and Athletics.....	9
Citizenship Policy.....	14-15
Commitment.....	5
Conduct of Athletes at School-Sponsored Events.....	12-13
Conduct of Parents at School-Sponsored Events .....	13
Conference Affiliation .....	3
Dress/Appearance .....	10
Eligibility for Extra-Curricular and Co-Curricular Activities.....	6-9
Extra/Co-Curricular Programs.....	4
Extra-Curricular Parent Sign-Out Sheet.....	22
Interscholastic Sports by Season.....	3
Introduction.....	2
Lettering Regulations .....	10-11
Locker Rooms .....	11
Objectives of the Brunswick Athletic Program.....	2
Participant Code of Conduct.....	16-18
Participation Guidelines .....	4
Philosophy.....	2
Physicals and Insurance Requirements .....	5
Sponsor/Coach Directory.....	1
Sportsmanship .....	18-19
Transportation Policy .....	12
Uniforms.....	12

# SPONSOR/COACH DIRECTORY

Superintendent .....	Cara Engelbrecht
High School Principal .....	Scott Singleton
Athletic Director .....	Colton Byrd
12 <sup>th</sup> Grade .....	Dena Reische/Amy Sims
11 <sup>th</sup> Grade .....	Breann Jenkins/Nichole Reigelsberger
10 <sup>th</sup> Grade .....	Kristy Locke/Elizabeth Runyon
9 <sup>th</sup> Grade .....	McKenzie Conley/Megan Yung
8 <sup>th</sup> Grade .....	Carla Fitzgerald/Kelly Richards
7 <sup>th</sup> Grade .....	Kendra Krapfl/Stephany Russell
FBLA .....	Lauren Hatfield
FCCLA .....	Amy Sims
FFA .....	Kendra Krapfl
NHS .....	Kristy Locke
Scholar's Bowl	
Jr. High .....	Kristy Locke
High School .....	Carla Fitzgerald
Science Olympiad .....	Carla Fitzgerald
Football	
Varsity .....	Kevin Gundy
Assistant Coaches .....	Eric Hoyt
Assistant Coaches .....	Nathan Yung
Varsity Cheerleading .....	Delinda Meyer
Jr. High .....	Dan Kruse
Jr. High Assistant .....	Jason Hayward
Cross Country .....	McKenzie Conley
Girls Softball .....	Morgan Byrd
Assistant Softball .....	Kerri Zeilstra
Spring Baseball .....	_____
Assistant Spring Baseball .....	_____
Jr. High	
Girls Basketball .....	A.J. Hoskam
Assistant Girls .....	Amy Sims
Boys Basketball .....	Colton Byrd
Assistant Boys .....	Jason Hayward
Varsity Basketball	
Girls .....	A.J. Hoskam
Assistant Girls .....	Amy Sims
Boys .....	Colton Byrd
Assistant Boys .....	Jason Hayward
Cheerleading	
Jr. High .....	Breann Jenkins
Varsity .....	Tara Britton
Track	
Jr. High .....	Breann Jenkins
Varsity .....	Colton Byrd

# INTRODUCTION

Welcome to the Brunswick Jr. High and High School activity/athletic program. Hopefully, your decision to take advantage of extracurricular and/or co-curricular programs will be educational, rewarding and challenging. This handbook is given to provide information so that you are aware of the programs that are available and their inter-relationships. The Brunswick R-II School District encourages you to take advantage of as many programs as your time and talent will permit. Brunswick does not encourage specialization in one sport or activity. Naturally, due to conflicts in seasons, practice times, schedules, etc., some choices will have to be made. Good luck to you as you strive to grow emotionally, mentally, socially, and physically through our programs.

## PHILOSOPHY

Brunswick R-II believes that the activity/athletic programs shall supplement the secondary curricular program, and as such, become a vital part of the student's **TOTAL** educational experience. These experiences contribute to the development of learning skills and emotional patterns that enable the student to make maximum use of their education.

Student participation in any part of our activities is a **privilege** which carries with it responsibility to the school, to the activity, to the student body, to the community, and to the student themselves.

## OBJECTIVES OF THE BRUNSWICK ATHLETIC PROGRAM

1. To develop good school citizens.
2. To develop positive qualities: physical, mental, and moral.
3. To develop respect for authority by abiding by the rules of the game and the decisions of the coach/sponsor and officials.
4. To teach the rules and skills of each sport/activity.
5. To help the participant develop academically, in accomplishments and attitude.
6. To promote good sportsmanship and the appreciation of athletics/activities in general so that the student may function in society as a spectator as well as a participant.
7. To develop pride in self, school, teammates, and classmates.
8. To learn to win graciously and accept defeat in a respectful manner.

# CONFERENCE AFFILIATION

Brunswick R-II School District is a member of the CLAA Conference and the Missouri State High School Activities Association (MSHSAA). As a member of these groups, we will adhere to the rules and regulations of the conference and MSHSAA. Presently there are 11 schools in the CLAA Conference, including: Bosworth, Braymer, Breckenridge, Brunswick, Hale, Hardin, Higbee, Keytesville, Norborne, Northwestern, Southwest Ludlow, and Tina-Avalon.

## INTERSCHOLASTIC SPORTS BY SEASON

**Fall** (Practices generally begin around the first week of August.)

Football (Girls & Boys)	Grades 7-12
Cross Country (Girls & Boys)	Grades 9-12
Softball (Girls)	Grades 9-12

**Winter** (Practices generally begin mid-September)

Basketball (Girls & Boys) Jr. High	Grades 7-9
Cheerleading Jr. High	Grades 7-9

(Practices generally begin first week in November)

Basketball (Girls & Boys) Varsity	Grades 9-12
Cheerleading Varsity	Grades 9-12

**Spring** (Practices generally begin the last week in February)

Baseball (Boys)	Grades 9-12
Track (Boys & Girls)	Grades 7-12
Scholars Bowl	Grades 7-12

# EXTRA/CO-CURRICULAR PROGRAMS

- Future Business Leaders of America (FBLA)
- Family, Career, and Community Leaders of America (FCCLA)
- Future Farmers of America (FFA)
- National Honor Society (NHS)
- Scholars Bowl
- Science Olympiad
- Student Council

## PARTICIPATION GUIDELINES

These guidelines must be followed in all school-sponsored activities.

- Students are free to make their own selections as to what sports or activities in which they wish to participate as defined by gender.
- Participation in more than one sport within a sports season will be allowed if an agreement is worked out before the season with both coaches and the Athletic Director/Principal.
- It is the Brunswick R-II School District policy that when students face a conflict between extracurricular and co-curricular activities the coach and sponsor of the activities shall meet to determine a resolution with the best interest of the student and programs in mind. Competition and performances will take precedent over practices and rehearsals unless prior arrangements have been made with the coaches/sponsors. District and State activities will have priority when there is a conflict between performances and competition. If a co-curricular activity is missed, an alternative assignment **may** be given in place of attendance in order to recover points missed. When an athletic competition or practice is missed, a student **may** be required to make up any skills or conditioning missed. (The Administration reserves the right to intervene at any time to preserve the best interests of the student and/or programs involved and the final decision will be left up to the discretion of the Administration).
- Attendance at practices, meetings, and competitions is required. No one is excused without prior permission of the coach or sponsor, unless it is due to a family or personal emergency.
- During the winter months, when inclement weather forces school cancellation, all regular season games, tournament play, and practices will be cancelled unless individually approved by the Superintendent.

# COMMITMENT

When a student chooses to participate on an athletic team or to be a member of a co-curricular program, he/she and his/her parents must make a commitment to that program. This may bring about a few hardships for parents and participants. If the programs at Brunswick are going to be competitive and successful, there must be regular practice and the student should realize that his/her time at practice is very important. Coaches and sponsors consider practices to be as important as the classroom in these situations. In the classroom when a student misses an assignment, it is to be made up. The same theory applies to athletic teams and co-curricular programs. Participants may be required to make up the practice of the skills and conditioning that they have missed in an “official” practice.

## PHYSICALS AND INSURANCE REQUIREMENTS

Athletic by-laws in the MSHSAA Handbook state: “The school shall require of each student participating in athletics a certificate of an issued physical signed and authorized by a physician, or a certified physician’s assistant in collaboration with a sponsoring physician stating that the individual is physically able to participate in athletic practices and contests of his/her school. A student shall not be permitted to practice or compete for a school until a complete, signed certificate (issued by Brunswick R-II School District District) is on file at the school. The medical certificate is valid for the purpose of this rule if issued on or after February 1 of the previous school year. A student shall not be permitted to practice or compete for a school until he/she provides verification that they have basic athletic insurance coverage.”

# ELIGIBILITY FOR EXTRA-CURRICULAR AND CO-CURRICULAR ACTIVITIES

Students enrolled in the Brunswick R-II School District have the opportunity to participate in activities and organizations beyond the in-school curriculum. Certain activities come under the directions of MSHSAA (Missouri State High School Activities Association) while other organizations have their own governing rules and regulations. These activities and organizations include softball, baseball, basketball, cheerleading, track, Science Olympiad, FBLA, FCCLA, FFA, NHS, Scholars Bowl, and Student Council. Students participating in the above activities plus those of other school-sponsored organizations are covered by this citizenship policy. Eligibility to represent the Brunswick R-II School District in activities is a privilege to be attained by meeting standards of eligibility cooperatively set by the MSHSAA and the Brunswick School District. The District applies these expectations to all extracurricular activities and athletics. In addition to the specific citizenship requirements set forth in MSHSAA's handbook, certain activities come under the directions of other organization's governing rules and regulations, and to the extent that other governing rules and regulations apply to a specific extracurricular activity then those rules and regulations shall be in addition to those required by the District and MSHSAA.

The District has adopted specific penalty guidelines for violations related to alcohol, tobacco, and illegal drugs:

The use of or possession or distribution of alcohol, tobacco/nicotine products, unauthorized prescription drugs, controlled substances, imitation controlled substances, drug paraphernalia or items represented to be such will not be permitted by student participants. Therefore, consequences will be assessed to students who are in violation of this code of conduct in the event that the use, possession, or distribution of such substances:

- Occurs on school property
- Occurs at a school-sponsored event;
- Results in charges brought or pending by a law enforcement agency;
- Is confirmed after investigation by school personnel; or
- Is self-reported to school personnel.

The following consequences shall apply in the event that a student commits a violation:

- 1<sup>st</sup> offense: 2 weeks' suspension from games, activities, and competitions.
- 2<sup>nd</sup> offense: Suspended for the remainder of the academic school year from all extra-curricular activities.
- 3<sup>rd</sup> offense: 365-day suspension from all extracurricular activities at the District.
- (If a random drug sample is failed, the student will fall under the random sampling policy guidelines).

Suspension from all extra-curricular activities includes practices, games, contests, and meetings. If students and parents do not agree, that the student committed an offense, appeal may be made to the Principal, then the Superintendent and then to the Board of Education.

\* MSHSAA by-laws supersede all local guidelines (Brunswick R-II School District reserves the right to enforce higher standards).

Missouri State High School Activities Association is a voluntary, non-profit, educational association of junior and senior high schools established for the purpose of working cooperatively in adopting standards for supervising and regulating interscholastic activities and contests.

One of the primary functions of MSHSAA is to establish eligibility standards that must be met by all students to attain the privilege of representing their school in interscholastic activities. When the school district became a member of MSHSAA, it adopted the eligibility standards of the Association as its own. The school district has the right to set any additional standards of eligibility.

Eligibility is a **PRIVILEGE** to be granted by the school to a student, which allows that student to participate in interscholastic activities. Eligibility is not a student's right by law. Precedent setting legal cases have determined that eligibility is a privilege to be granted only if the student meets all standards adopted by the school, which enables the school to grant the student such a privilege.

Listed below is some information to acquaint you with the major rules and regulations you must follow in order to protect your eligibility with Brunswick R-II School District and MSHSAA:

- You must be a creditable school citizen. Creditable school citizens are those students whose conduct, **both in and out of school**, will not reflect discredit upon themselves or on their school.
- Only students with a 1.67 grade point average or greater for the previous semester will be allowed to participate in activities. Any student receiving more than (1) one failing grade in any subject shall become ineligible, regardless of grade point average at the grade period (mid-term or quarter) and shall be considered under "**ACADEMIC PROBATION**" for a period of four and one-half weeks. During this period the student is suspended from all extra-curricular activities which include practices, games, contests, and meetings.
- You must be enrolled in courses offering 3.0 units of credit.
- You must have earned 3.0 units of credit the preceding semester.
- Students declared ineligible will be excluded from all activities with the team or organization. Attending meetings, conferences, practicing, sitting on the team bench, traveling with the team, serving as statistician or manager, and weight training are all activities which will not be permitted.
- Ineligibility for a semester will begin the first day of the semester. For the fall semester, that will be considered the first day of fall athletic practices.

For the spring semester, that will be considered the first day after Christmas break or the first day of second semester if the calendar does not end first semester at Christmas break. The awarding of summer school credits will not affect a student's participation status in the Brunswick School District. Summer participation will not be affected by school eligibility guidelines; however, coaches and sponsors have the right to deny a student's participation in a school activity because of eligibility status.

- Students who are ineligible first semester will have an opportunity to begin practice for second semester if their grade point average at the end of the first quarter and midterm of the second quarter is 1.67 or greater. If that is the case, students may begin practice fourteen (14) school days before the start of the second semester to meet conditioning standards set forth by MSHSAA.
- If you transfer schools and your parents do not move to your new school district, you will be ineligible for 365-day, unless you meet one of the exceptions to the transfer or promotion rules.
- You are eligible to participate in any sport for a maximum of four consecutive seasons. Your eligibility in high school activities begins when you first enter the ninth grade and for the first eight semesters that you are enrolled in high school. Your eighth semester must immediately follow your seventh semester.
- You are eligible to participate in any sport for a maximum of four seasons. Any part of a contest played during a season counts as a season of participation.
- For students in 7<sup>th</sup> and 8<sup>th</sup> grade, you are eligible for only your first two semesters of attendance in the seventh grade and for only your first two semesters in the eighth grade. You are not eligible to compete with or against student enrolled in the tenth grade or above when you are enrolled in either the 7<sup>th</sup> or 8<sup>th</sup> grade.
- Over-aged eighth graders may move up to the senior high to have eight semesters of eligibility. (This will be determined by the coach.)
- You may not receive cash, merchandise or gift certificates for participating in an athletic/academic contest.
- You may accept awards that are symbolic in nature, such as medals, trophies, ribbons, plaques, etc.
- You may accept awards for participating in non-school sponsored athletic/academic competition only if the awards are symbolic in nature, such as medals, trophies, ribbons, plaques, etc.
- If you reach the age of 19 prior to July 1, you will be ineligible for interscholastic competition the next school year.
- You may not participate in any organized non-school sponsored athletic/academic competition and your school team IN THE SAME SPORT during the same season.
- You may participate on a school team and a non-school team in different sports during the same season; however, you may not practice or compete in non-school organized athletic competition on THE SAME DAY that you practice or compete with your school team without approval of the school Administration.

- You may participate in an “audition” or “try-out” for a college team only after you complete your last season of eligibility in the sport for which you wish to try-out.

**REMINDER: Any questions pertaining to eligibility should be directed to the Athletic Director. All MSHSAA by-laws are constantly being updated and/or modified on a yearly basis. The above listing may not represent the current MSHSAA by-law.**

## BOARD POLICY REGARDING INTERSCHOLASTIC ACTIVITIES AND ATHLETICS

The District provides opportunities for students to participate in interscholastic activities and athletics. The interscholastic programs should encourage participation by as many students as possible and should be carried on with the best interests of the students as the primary consideration. The programs are expected to be well organized and well conducted and to have a positive influence on the students and the community.

Participation in interscholastic and extracurricular activities is a privilege and not a right. Interscholastic competition may be withheld from any student as a condition of discipline. Furthermore, all policies that apply to the regular school day apply also to interscholastic competition. Coaches and sponsors may establish policies for their groups in addition to those set out by the MSHSAA.

### ATTENDANCE

Participants are expected to be in school all day to be eligible for practice or contests. To attend or participate in school activities, a student must be in attendance at school for at least half of the school day (must be at school by 11:40 a.m.) This includes home and away activities. Special circumstances may be allowed with prior approval from the Principal. A student who is absent from school on the day of a contest or performance, or on a Friday before a contest or performance on a Saturday, will not be permitted to participate in said contest without release from the Principal or Athletic Director. Exceptions to this rule are extremely rare and must be approved by the Principal or Athletic Director **beforehand**.

Participants are also expected to arrive at school on time the day following a contest or performance. **Getting home late from a game or performance does not excuse anyone from getting to school at the appropriate time.** If you are late to school following a contest or performance, you may have a consequence at practice.

# DRESS/APPEARANCE

Coaches and sponsors reserve the right to establish grooming guidelines for their programs as long as the guidelines are fair and consistently monitored. Coaches/sponsors may also require specific clothing for practices, competitions, or travel.

Participation in extra-curricular activities conducted by the Brunswick R-II School District is considered to be a privilege and not a right. Students who attend or participate in such activities conducted by the Brunswick R-II School District will be expected to conduct themselves as good citizens and representatives of the school. When representing the Brunswick R-II School District at activities presented before public spectators or audiences, students will be expected to present a neat appearance and to dress in a manner appropriate to the activity in which they are engaged. This includes but is not limited to following the school dress code and removal of facial piercings. Failure to observe these requirements for responsible conduct and appropriate appearance will result in suspension of the student's rights to participate until a hearing is held and a decision made on their right to continue participation.

# LETTERING REGULATIONS

If an athlete becomes ineligible in any way, quits, or is permanently suspended from a squad for breaking any of the training rules, he/she will NOT receive his/her varsity letter in that sport or be recognized as a member of the squad at the Athletic Banquet. The athlete **MUST** be a member in good standing of the team for the entire season.

Football- Play in 50% of Varsity quarters/ Attend 75% of Summer weights/  
Attend all football Practices in season/ Attend all football Camps in  
summer/ Meet all academic standards/ Meet the standard set by  
Thunder Football as a good citizen.

Baseball/Softball- Athlete must play 1/3 of the innings in a season.

Basketball- Athlete must play 1/3 of the quarters in a season.

Cheerleading- Athlete must cheer for the entire varsity season.

Cross Country- Athlete must run in the majority of meets.

Track- Athlete must earn a total of 2 points during the track season.

In the case that the athlete does not meet above requirements, it will be at the coach's discretion if the athlete receives a letter.

With the first letter earned in any sport the athlete will receive a B, sport pin and a bar. When subsequent letters are earned in different activities, an emblem will be awarded which represents the sport in which the letter was earned along with a bar.

## ATHLETIC BANQUET

The Athletic Banquet will be held toward the conclusion of the school year. All coaches and players whose team is being recognized are encouraged to attend. At this banquet, coaches will summarize the season and present awards. Parents and family members are encouraged to attend. The banquet is hosted by the Athletic Booster Club.

Coaches will determine what team and individual awards will be given. In addition, coaches will inform the team of expected behaviors and attire, which is appropriate for the event.

## LOCKER ROOMS

Locker rooms are provided as a place for each athlete to store his/her sports attire/equipment. Locker rooms should be kept neat and clean.

Each athlete is responsible for the security of his/her own valuables by storing them in his/her locker room locker and keeping it locked. Valuables that will not fit in the locker may be stored in the coach's office.

Cell phones are banned upon entering dressing areas during extracurricular activities.

Each athlete should be aware that his/her behavior in the locker room is as important as his/her behavior on the court. Inappropriate language, gestures, and behavior will be dealt with by the coach and according to the district's discipline policy.

## UNIFORMS

In order to give the student a sense of responsibility and an appreciation of their uniform, each student is responsible for the abuse or loss of any uniform as they are property of the Brunswick R-II School District. The student who was issued the uniform must pay if it is lost or stolen. Uniforms may not be altered in anyway without prior approval from the Athletic Director.

## TRANSPORTATION POLICY

All athletes will ride the team bus when traveling to a contest/event. When traveling, we all go as a team. When returning home athletes are expected to ride the bus home, but if a student chooses to ride home with a parent/legal guardian or an adult previously designated through the Principal by the parent/guardian, they must sign the student out on the sign out sheet before leaving. Team chemistry is often developed on a bus ride home after a big win or even a tough loss. It is important to finish the night as a team.

- Students may secure permission to return from contests with their parents providing that the parent requests permission by signing their athlete out from the Athletic Director, Administrator, or Coach/Sponsor.
- Students may provide their own transportation to and from home events, practices, meetings, etc.

## CONDUCT OF ATHLETES AT SCHOOL-SPONSORED EVENTS

The following are general rules of conduct that are to be followed by all athletes. Coaches reserve the right and are encouraged to stipulate additional guidelines for their athletes.

- Athletes are not to display in anyway their anger, disgust, or disagreement with an official's decision by their actions.
- Athletes must be able to control their temper at all times. Coaches will remove anyone from the contest at the earliest indication that is a player is losing self-control.
- Fighting and swearing will not be tolerated under any circumstances. Do not talk to opponents. If an incident does occur, DO NOT RETALIATE. Let the game officials handle it. Any athlete involved in a fight may be subject to suspension from the team and/or school.
- When appropriate, following a game, we will immediately shake hands with the opponents and go straight to the locker room or designated meeting area.
- Players will not show disrespect to their coach or to their teammates at any time.
- Pouting or apathy on the bench during a contest will not be accepted.

- Recognize great plays by your teammates. Acknowledge super efforts.
- Never bad mouth a teammate or his/her performance. It is the coach's job to constructively criticize players.
- Accept the coach's decisions regarding playing time. If you have questions regarding playing time, save them for after practice.
- Coaches and players will demonstrate decorum and sportsmanship above all things during athletic contests.

## CONDUCT OF PARENTS AT SCHOOL-SPONSORED EVENTS

### **Parents Should:**

- Realize that athletics are an extension of the educational experience, and the benefits derived from involvement go beyond the final score of a game.
- Encourage students to perform their best.
- Participate in positive cheers that promote our student-athletes and avoid any cheers that redirect that focus including those that taunt and intimidate opponents, their fans, and officials.
- Learn, understand, and respect the rules of the game, the officials who administer them and their decisions.
- Develop a sense of courtesy and respect for the game, those participating in it, and the facility in which it is taking place.
- Acknowledge that you have a major influence on your student-athlete's attitude about sportsmanship and the leadership role you take will help influence your child and our community for years to come.

### **\*\*Post Game Thoughts for Parents/Guardians**

When you are upset about anything related to an athletic contest, give yourself 24 hours before approaching the coach or posting on social media. In almost every case emotional perspectives change and what seemed really important may not be necessary or as critical as it seemed initially. Even after 24 hours, filter your posts– do these words serve our athlete and the team or just my own interests? We are all part of the team... exhibit loyalty, courage and leadership.

## CITIZENSHIP POLICY

At Brunswick, we believe that extracurricular and co-curricular activities supplement the secondary curricular program, and are a vital part of a student's total educational experience. These experiences contribute to the development of each student's intellectual, emotional, and social abilities.

They provide the student with the opportunity to maximize their overall educational experience.

Student participation in any of our activities is a **privilege** which carries with it responsibility to the school, to the activity, to the student body, to the community and to the student's themselves. Students who represent Brunswick in one of our activities must be considered creditable citizens by the Administration and the coach/sponsor. Those students whose character or conduct is such as to reflect discredit upon themselves or their school are not considered "creditable citizens." The student's conduct **in and out of school** shall be satisfactory in accord with the standards of good discipline.

Any behavior or action by a student that discredits themselves, their school, or their team/program will affect the student's status as a creditable citizen and the student will face punitive action as determined by the Administration or the coach/sponsor. Truancy, tardiness, disrespect, or any other act that places a student in any form of suspension from school will automatically affect a student's eligibility to participate in our programs. Felony or misdemeanor charges or acts by the student may justify suspension or dismissal from the program. Violations of established training rules will also result in suspension or dismissal from the program.

This citizenship policy becomes effective immediately upon completion of the 6<sup>th</sup> grade and ends upon high school graduation. It is in effect 365 days a year, so infractions committed during summer months will affect a student's eligibility status.

Below is the MSHSAA By-Law concerning Citizenship

### **2.2.1 Citizenship:**

Students who represent a school in interscholastic activities must be creditable citizens and judged so by the proper authority. Those students whose character or conduct is such as to reflect discredit upon themselves or their schools are not considered "creditable citizens." Conduct shall be satisfactory in accord with the standards of good discipline.

### **2.2.2 Law Enforcement:**

- a. A student who commits an act for which charges may be or have been filed by law enforcement authorities under any municipal ordinance, misdemeanor or felony statute shall not be eligible until all proceedings with the legal system have been concluded and any penalty (i.e. jail time, fine, court costs, etc.) or special condition of probation (i.e. restitution, community service, counseling, etc.) has been satisfied. If law enforcement authorities determine that charges will not be filed, eligibility will be contingent upon local school policies.
- b. After a student has completed all court appearances and penalties, and has satisfied all special conditions of probation and remains under general probation only, local school authorities shall determine eligibility.

- c. Moving traffic offenses shall not affect eligibility, unless they involve drugs, alcohol, or injuries to others.

### **2.2.3 Local School:**

- a. A student who violates a local school policy is ineligible until completion of the prescribed school penalties.
- b. The eligibility of a student who is serving detention or in-school suspension shall be determined by local school authorities.
- c. A student shall not be considered eligible while serving an out-of-school suspension.
- d. If a student misses class(es) without being excused by the Principal, the student shall not be considered eligible on that date. Further, the student cannot be certified eligible to participate on any subsequent date until the student attends a full day of classes.
- e. Each individual school has the authority to set more restrictive citizenship standards and shall have the authority and responsibility to judge its students under those standards.
- f. Each school shall diligently and completely investigate any issue that could affect student eligibility.

### **2.2.4 Expulsion:**

A student who is expelled from school because of disciplinary measures shall not be considered eligible for 365 days from the date of expulsion. An expulsion is prompt removal of a student from school following the conduct for which the student is under discipline, whereby the student is not allowed to return to school until either an appeals process reinstates the student or the duration is fulfilled. However, this period of ineligibility shall not apply to any student expulsion for conduct otherwise protected by law which does not materially and substantially interfere with the requirements of appropriate discipline in the operation of a school.

### **2.2.5 Student Responsibility:**

**Each student is responsible to notify the school of any and all situations that would affect his/her eligibility under the above standards. If the student does not notify the school of the situation prior to the school's discovery, then the student shall be ineligible for up to 365 days from discovery, pending review by the MSHSAA Board of Directors.**

## **PARTICIPANT CODE OF CONDUCT**

The following violations and consequences are minimum guidelines only; all coaches/sponsors have the right to impose additional consequences within their respective programs as they see fit.

Incidents that may occur which are not covered by these guidelines, will be reviewed on an individual basis and decisions related to penalties will be made

jointly by the school Administration, Athletic Director, and head coach. Final decisions of all incidents will be at the discretion of the Administration.

The loss of a student's privilege to participate carries over to the next season in which a student participates if the suspension cannot be completed by the end of the current season. A season is defined as Jr. High Football, Varsity Football, Fall Softball, Cross Country, Jr. High Basketball, Varsity Basketball, Jr. High Track, Varsity Track, and Spring Baseball. Violations will not accumulate for a student's high school career; however, suspensions may carry over from one school year to another. If a student participant is in violation of this code regularly, participation privileges can be revoked indefinitely.

Hearsay and/or anonymous sources will not be used to substantiate violations of this code. A violation of this policy can be substantiated either verbally and/or in writing by:

- A law enforcement official.
- A medical official.
- A faculty member or staff member.
- A school administrator.
- The parent of that student participant.
- The confession of that student participant.
- A coach or sponsor.

#### **A. Misconduct While at School**

A student is expected to exhibit characteristics of good discipline and self-control during the school day. If it is brought to the attention of the Athletic Director, Principal, or the coach/sponsor that a student participant was involved with a disciplinary problem while at school, penalties may range from a verbal reprimand to permanent restriction of participation depending on the severity of the situation and the attitude of the student.

#### In-School Suspension (ISS)

Students who are in ISS may not attend or participate in any home or away school activities (including practices for extra-curricular activities) until their ISS is completed. If an ISS extends over a weekend, the student will not be able to attend or participate in any weekend activities.

#### Out of School Suspension (OSS)

On any day that a student misses school due to OSS, that student may not attend or participate in any extracurricular or co-curricular activities, practices and contests at home or away. Furthermore, a student serving OSS should not be on or near school grounds until the punishment is served.

#### **B. Unsportsmanlike Conduct**

A player who is ejected from a contest for unsportsmanlike conduct shall at a minimum be prohibited from playing in the next interscholastic contest for that sport at the same level. (MSHSAA by-law 5.5.1.c) If an athlete receives

a technical foul for unsportsmanlike conduct their consequence(s) will be at the coach's discretion.

### **C. Hazing**

Hazing is defined as any activity on school grounds, that a reasonable person believes would negatively impact the mental or physical health or safety of a student or put the student in a ridiculous, humiliating, stressful or disconcerting position for the purposes of initiation, affiliation, admission, membership or maintenance of membership in any group, class, organization, club or athletic team including, but not limited to, a grade level, student organization or school-sponsored activity.

1<sup>st</sup> Offense—Principal/student conference, 1-10 days ISS

Subsequent Offenses—11-180 days OSS or expulsion; restitution

### **D. Inappropriate Physical Contact of a Sexual Nature**

All students, including student athletes and those who participate in other extra-curricular activities, have the right to be free from inappropriate physical contact of a sexual nature in connection with school activities. Therefore, student participants who engage in such conduct will receive consequences under this paragraph separate and independent from, and in addition to, consequences administered under any other provision of the Student Code of Conduct or Participant Code of Conduct that may also be applicable to the conduct. For purposes of this paragraph only, "inappropriate physical contact of a sexual nature" shall mean any "sexual conduct," "sexual contact," "sexual intercourse," or "deviate sexual intercourse," as such terms are defined in Section 566.010 of the Missouri Revised Statutes on the date this paragraph is adopted, or as the statute may later be amended-when such conduct is either (1) unwelcome or (2) otherwise inappropriate for a school activity, as determined by the coach, sponsor, Administration and/or Board of Education. The definitions in Section 566.010 are available online under the "Missouri Revised Statutes," and are available through the athletic and administrative offices in print.

Consequences: (Nothing in the consequences specified below is intended to limit in any way consequences that may be provided under the Student Code of Conduct, or any other provision of Board Policy or Regulation or state or federal law.)

1<sup>st</sup> Offense: Up to a 365-day suspension from extra-curricular activities, with referral to law enforcement authorities. The student will also receive consequences specified in the Student Handbook.

2<sup>nd</sup> Offense: Long term suspension or expulsion from school, and permanent expulsion from extra-curricular activities, with referral to law enforcement authorities.

### **E. Due Process**

Student participants who are disciplined for violating any of these standards will be afforded due process. The student will be allowed to explain their position to the Coach/Sponsor and/or Athletic Director/Principal before any penalties are invoked. If the disciplinary action results in the suspension of a participant in an extracurricular or co-curricular program for more than ten days, the student participant may appeal to the Athletic Director, to the Principal, to the Superintendent, and ultimately to the Brunswick School District Board of Education, according to their policies and procedures.

If a single violation occurs in two or more different categories, the most restrictive category will be used to assess the penalty. The percentage of games lost due to a violation is based on the number of games scheduled at the beginning of the sports season.

## SPORTSMANSHIP

As a participant representing Brunswick R-II School District, you have the responsibility for exhibiting good sportsmanship at all times. The moment you agree to participate, you become a representative of your student body, your school, your community, and most importantly, yourself. You will receive the ingredients of good sportsmanship through the teaching, coaching, and examples of the coaching/sponsoring staff. Be sure to exhibit what you learn.

A very important lesson we learn through interscholastic athletics/activities is that by hard work and dedication, we can improve. In America, we recognize we can take the ability given to us and through hard work and dedication become anything we want to be. No one can tell you what you must be. If you are willing to recognize the ability you possess and work hard, you can achieve success in athletics/activities.

Attitude is one of the fundamental principles in becoming a champion in any sport. Your attitude is defined by your thinking, feeling, and actions. The desire to excel, to win and to always do your best are all positive points or attributes of attitude that contribute to a winning philosophy.

A winning philosophy is important. Likewise, realize the importance of how the game is played as well as viewed. Simple acts or gestures of respect will aid you and your team in portraying the standards of sportsmanship expected of participants at Brunswick Jr. High and High School. Examples of such acts are:

- Displaying good conduct.
- Cooperating with officials.
- Shaking hands with opponents before and after contest/event.
- Showing self-control at all times.
- Accepting decisions and abiding by them.
- Accepting both victory and defeat with pride and compassion.

- Never being boastful or bitter.

Regardless of your plans in later life, whether to be in labor, management, sales, or other professions, you must realize there will be competition. There are and will be disappointments in all of life's activities. It is how you react to these disappointments that will measure what values you have learned through activity participation and athletic play on the courts, fields, and diamonds during your high school days.



# Brunswick R-II School District Activity/Athletic Commitment Pledge

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Participant's Name	Grade	Sport/Activity
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**Prior to participating in any practice for any interscholastic sport, each athlete must:**

1. Successfully pass a physical examination to participate in athletics, by a licensed physician and the copy of such examination must be on file in the office of the building Athletic Director. Physical exams are valid if issued on or after February 1 of the previous school year.
2. Return this activity/athletic commitment pledge form with the student and parent(s) signatures.

As a school's student/athlete voluntarily participating in interscholastic activities/athletics, I acknowledge that:

1. I have read this Student Activity/Athletic Handbook and understand what the Brunswick R-II School District expects from me in regard to the expectations set forth in this handbook and while enrolled in this school. **I understand this is a year-round commitment.** I understand the consequences for violating school policy and I will not do so while a Brunswick School District student participant.
2. I will be responsible for my uniform and all of the equipment I use throughout the season, will return uniform and will pay the current replacement cost for any uniforms not accounted for by me at the end of the season.
3. I have been properly advised, cautioned, and warned by administrative and coaching personnel of the Brunswick School District that I am exposing myself to the risk of injury. Having been so cautioned and warned, it is still my desire to participate in sports and to do so with full knowledge and understanding of the risk of injury and with full consent of my parent/guardian.
4. I, along with my parents, certify that I have read and understand all of the Brunswick School District activity/athletic policies in this handbook. In order to be eligible for participation, I understand I must comply with all requirements listed.
5. I agree that I will refrain from participating in any student hazing activities as a participant or as an observer. I further understand that violation of the district's hazing policy may result in suspension from school and suspension from participating in all activities.

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Student Signature	Date
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As a parent/guardian of a student participating voluntarily in interscholastic athletics/activities, I have read this handbook, discussed it with my son/daughter, and will support the Brunswick School District in its efforts to promote good citizenship and sportsmanship.

I acknowledge that violation of any of the above rules and guidelines for this activity may result in suspension or permanent removal from this activity or all extracurricular activities depending upon the nature of the violation. I further agree that subject to an opportunity to present the student's version of the alleged violation, the decision of the Superintendent/designee concerning suspension and duration of suspension is final.

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Parent/Guardian Signature	Date
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# Extra-Curricular Parent Sign-Out Sheet

**Each student may be signed out of extracurricular activities by a maximum of four adults approved on this form below. In the event the student needs to be signed out by an adult who is not on the approved list, PRIOR approval will need to be confirmed by BHS Administration. Waiting until the night of the game to make alternate plans will only be accepted in the event of an emergency.**

\_\_\_\_\_ has my permission to be signed-out at extracurricular events by the following people.

_____	_____	_____
Adult Name	Phone Number	Relationship to Student
_____	_____	_____
Adult Name	Phone Number	Relationship to Student
_____	_____	_____
Adult Name	Phone Number	Relationship to Student
_____	_____	_____
Adult Name	Phone Number	Relationship to Student